

REFRESH...

MIND BODY SPIRIT

AOHNA CONFERENCE 2011



JOIN US MAY 25-27, 2011

Alberta Occupational Health Nurses' Association  
Provincial Education Day and Conference



## Barb Bancroft - May 25th, Education Day: HEALTH MATTERS



Barb Bancroft, RN, MSN, PNP is a widely acclaimed national speaker and author, noted for her humorous, entertaining and information packed seminars. In this day-long seminar, Barb teaches that while most of us are so focused on business endeavors and taking care of others, we neglect to consider our own health as a priority. She will discuss the most important health concerns in today's workforce and the implications of self management.

## Dr. Greg Wells - May 26th, Keynote Address: SUPERBODIES



Dr. Greg Wells, Ph.D. is a scientist specializing in extreme human physiology. In this presentation he explains the mind/body connection in extreme and every day situations, and how to better manage our response to challenges in the workplace and in everyday life.



**AOHNA CONFERENCE**

**BANFF SPRINGS HOTEL**

**BANFF, ALBERTA**

**MAY 25-27, 2011**

**MORE INFORMATION COMING  
SOON!**

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**[WWW.AOHNA.AB.CA](http://WWW.AOHNA.AB.CA)**

